LAKE ESCAPE

A visit to The Spa at Inn at Bay Harbor is a true getaway. It’s a chance to shed the weight of everyday responsibilities and ease into respite where you’re the priority. Combining equal parts rejuvenation and indulgence, The Spa immerses you in the simple pleasures of peaceful, uninterrupted time — with nothing more to do than relax.

The Spa offers a comprehensive range of care, from body treatments, massage and facials to manicures, pedicures and salon services, including a range of flexible offerings for bridal parties and special occasions. Experience the power of lakeside tranquility and enlighten your senses on the breathtaking shoreline of Little Traverse Bay — and leave the weight of the world behind.
BODY TREATMENTS

SIGNATURE SERVICE
NORTHERN LUXURY
90 minutes
Prepare yourself for the ultimate spa experience. Feel the calming and balancing benefits of wild lavender as your body is exfoliated in preparation for the nourishing, warm cocoon of a full body wrap infused with lavender and healing minerals. Finally, warmed Petoskey stones are used to rejuvenate your spirit and inspire your senses to complete this invigorating head-to-toe signature service.

SERENITY
BY THE BAY
6 hours
• ULTIMATE FACIAL
• NORTHERN LUXURY
• NORTHERN LUXURY PEDICURE
• NORTHERN LUXURY MANICURE
• NOURISHMENT & CHAMPAGNE

MOISTURE QUENCH
60 minutes
The moisturizing, deep healing benefits of aloe vera combine with the soothing properties of lavender in this deluxe hydrating body wrap. This treatment includes a luxurious scalp and neck massage, relaxing foot massage with an alpine foot balm, and a warm stone finish.

MAGNESIUM MELT
60 or 90 minutes
Magnesium promotes healthy energy levels, sleep, muscle function, and overall well-being. Ideal after a day on the slopes or a day on the greens, this nourishing treatment delivers the power of magnesiu to promote detoxification and replenish the body. Remineralizing body crème helps relieve muscle tension and promote detoxification and hydration. Warm mineral compressions enhance this therapeutic experience.

GINGER GLOW
90 minutes
Immerse yourself in a warm, healing treatment designed to invigorate, renew and nourish your body. Experience the rejuvenating combination of a ginger-eucalyptus mineral scrub and a pampering back, neck and shoulder massage with ginger oil and warm, healing stones. Next, the nourishing warmth of a full body cocoon allows tension to slip away while the deep relaxation of a scalp massage completes this vitalizing experience.

DEEP CONDITIONING SCALP TREATMENT ENHANCEMENT
30 minutes

KERSTIN FLORIAN

Discover a new level of wellness as we proudly feature Kerstin Florian skin and body care.

Kerstin Florian’s award-winning products and treatments balance and blend spa wellness therapies with nature’s health-giving resources. Our Kerstin Florian body, massage and nail services provide visibly beautiful results through thoughtfully-selected natural ingredients in luxuriously advanced formulations.

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SWEDISH  
60 or 90 minutes  
The benefits of healing the body, mind, and spirit through touch are a tradition within nearly every culture. Soothing, therapeutic massage relieves stress and tension, leaving you refreshed and relaxed. This massage technique features light to medium pressure.

DEEP TISSUE  
60 or 90 minutes  
This therapeutic treatment involves deep, slow massage and pressure points to access the deeper layers of muscle and fascia. Benefits of deep tissue massage include relief of chronic pain and muscle tension.

AROMATHERAPY  
60 or 90 minutes  
An intuitive selection of organic aromatherapy oil enhances this relaxing Swedish or Deep Tissue massage.

PRENATAL  
60 or 90 minutes  
This relaxing prenatal massage incorporates organic harmony oil to balance and harmonize mothers-to-be — creating a nurturing environment for your growing baby.

REIKI  
60 or 90 minutes  
A Japanese technique for stress reduction, relaxation, and healing. Rei means spiritual wisdom and Ki means life energy. Experience calm and relaxation as warm, soothing energy activates the natural healing process to restore physical and emotional well being. You’ll leave feeling whole, focused, and empowered.

REFLEXOLOGY  
30 minutes  
Stimulating the reflex areas of your feet sends a wave of relaxation throughout your body and restores energy and balance.

DRY BRUSH ENHANCEMENT  
Experience the centuries-old technique used to gently exfoliate while invigorating blood and oxygen circulation to stimulate the detoxification process; especially helpful in the more sedentary winter months. Including a dry brush treatment will assist in boosting your immune system. Guests are welcome to take their dry brush home for continued daily use after their session. Can be added to a 60- or 90-minute massage.
FACIALS

EMINENCE™
AGE CORRECTIVE
60 minutes
Get a natural lift with exotic Neroli and Monoi oils, hydrating coconut, and strengthening bamboo. Fresh blueberries and pineapple pulp infuse your skin with natural fruit acids to exfoliate, while paprika warms the skin to stimulate circulation and detoxify. A clinically-proven natural retinol alternative boosts collagen to plump the appearance of your face while Swiss apple stem cells replenish the epidermis.

EMINENCE™
ILLUMINATING
90 minutes
Discover the secret to a clearer, smoother, and more luminous complexion with a decadent blend of arctic berries, hibiscus flowers, and peptides to treat aging, hyperpigmentation, sensitivity, and even acne.

CUSTOM BACK TREATMENT
30 minutes
This relaxing and purifying treatment illuminates the back and shoulder areas. A specifically tailored mask follows a deep cleansing steam, fruit enzyme exfoliation, extractions if needed, and is finished with a moisturizing application.

MANICURES & PEDICURES

SIGNATURE SERVICE
NORTHERN LUXURY PEDICURE
60 minutes
This relaxing aromatherapy pedicure incorporates a mineral-rich soak and luxurious exfoliation. Moisturizing organic lavender oil leaves legs luminous and hydrated, while feet are massaged with an herbal-rich balm, followed by a finish of warm healing Petoskey stones.

SIGNATURE SERVICE
NORTHERN LUXURY MANICURE
60 minutes
This relaxing aromatherapy manicure incorporates a unique peel for hand exfoliation to brighten the skin, moisturizing nail oil, a hand soak in muscle-relieving minerals and essential oils, and an organic lavender oil massage.

SPORT PEDICURE
60 minutes
Perfect for fatigued, active feet. This pedicure includes cuticle care, an invigorating scrub, and a warm mask to smooth and revive.

EXPRESS MANICURE OR PEDICURE
30 minutes
Features cuticle care, nail maintenance, and polish.

SHELLAC™ MANICURE OR PEDICURE
60 minutes
A nurturing manicure or pedicure finished with Shellac™ application.

DIP MANICURE
60 minutes
Dipping powders are a quick applying, odor-free acrylic alternative that promotes a clean-air environment while offering gel-like shine and weeks of wear without the need to light cure.

ENHANCEMENTS
• PARAFFIN DIP
• FRENCH
• POLISH CHANGE

EMINENCE™
CUSTOM
60 or 90 minutes
This purifying facial begins with a thorough cleansing, followed by toning and gentle, yet results-oriented exfoliation featuring active fruit enzymes to firm, brighten, calm, and clear your complexion. Bioactive serums are massaged into your skin to enhance results, followed by a treatment mask tailored to your specific needs.
SALON SERVICES

HAIR EXTENSIONS
Crafted of human hair and designed for natural blending, Hot Heads adhesive weft extensions are made for easy salon application — without the need for tools or heat. Let our stylist treat you to the look you’ve longed for quickly, easily, and naturally.

COLOR
• FULL FOIL WEAVE
• PARTIAL FOIL WEAVE
• ALL OVER COLOR
• ROOT COLOR
• BALAYAGE

HAIR
• WOMEN
• MEN
• CHILDREN (10 & under)
• BEARD TRIM
• BANG TRIM
• BLOWOUT
• CUSTOM STYLE

CONDITIONING TREATMENTS
• MALIBU
• DEEP CONDITIONING

BRAZILIAN BLOWOUT
Brazilian Blowout professional smoothing treatments are the most innovative and effective in the world. Through the use of breakthrough bonding technologies, these customizable smoothing treatments actually improve the condition of the hair by creating a protective protein layer around the hair shaft to eliminate frizz and smooth the cuticle. The result is smooth, frizz-free hair with radiant shine.

FINISHING TOUCHES
• SUNLESS TAN
• MAKEUP LESSON
• TRADITIONAL MAKEUP APPLICATION
• AIRBRUSH MAKEUP APPLICATION
• FAUX LASH APPLICATION
• BROW TINT
• LASH TINT
• LASH EXTENSION
• LASH FILL

WAXING
• BROW
• LIP
• CHIN
• FULL FACE
• FULL ARM
• HALF ARM
• UNDERARM
• FULL LEG
• HALF LEG
• BIKINI
• BACK
• CHEST

TIME TO SHINE
There’s no better time to treat yourself to a fresh look — and no better place to find it.
AFTERNOON TEA

High tea holds a special place at the Inn at Bay Harbor — carrying forward a time-honored tradition in a celebration of time well spent. At The Spa, we take that sense of celebration — and relaxation — to an entirely new level. Share a cup with us, in the Inn’s lobby living room daily from 2:30 – 4pm, and immerse yourself in the serenity and beauty of life in the moment.

THE ROYAL TREATMENT

When you settle into our luxurious, full-service resort spa, you’ll understand why it earned top honors in SpaFinder Magazine’s readers’ choice awards, and recognition among the “Top 100 Resort Spas in the US” by Condé Nast Traveler.
BRIDAL

TRADITIONAL BRIDAL PACKAGE
Hair trial and day of style, plus traditional makeup trial and day of application with faux lashes.

TRADITIONAL BRIDESMAIDS PACKAGE
Custom hairstyle and traditional makeup application with faux lashes.

BRIDAL PARTY
• CUSTOM STYLE
• FLOWER GIRL STYLE
• BLOWOUT
• TRADITIONAL MAKEUP APPLICATION
• AIRBRUSH MAKEUP APPLICATION
• FAUX LASH APPLICATION

AIRBRUSH BRIDAL PACKAGE
Hair trial and day of style, plus airbrush makeup trial and day of application with faux lashes.

AIRBRUSH BRIDESMAID PACKAGE
Custom hairstyle and airbrush makeup application with faux lashes.

RESERVATIONS
Advanced reservations are suggested to secure your preferred treatments and treatment times.

CANCELLATION POLICY
Cancellations must be made 24 hours prior to appointment to avoid a cancellation fee.

SPA CHECK-IN
Please arrive at least 20 minutes prior to your appointment. In an effort to efficiently serve spa guests, late arrivals do not receive an extension of scheduled services.

SPA ENVIRONMENT
Please turn off your mobile phone before arrival to ensure the tranquility of your spa experience and the experience of others. For your comfort, a luxurious robe and sandals will be provided. Undergarments are not necessary but may be worn during the treatment, if you prefer. All staff are professionally trained and licensed to ensure the highest quality of service and integrity. Proper draping techniques are always used to protect your privacy and comfort at all times.

GRATUITIES & SERVICE FEE
An 18% spa gratuity and 2% service fee will be added to all services. Additional gratuity for superior service is always appreciated.

POLICIES

YOUNG ADULT SERVICES
We welcome all ages of young guests to The Spa with a parent/guardian present. Young adults between the ages of 13-17 may enjoy the benefits of massage and skincare services. Services will be performed by a same gender therapist and an adult may be present for the entirety of the treatment. Massage, body treatments or facial attire for young adult require undergarment or swimwear and a robe.

Ready to make a commitment to health and well-being? Inquire about our Massage Treatment Plans.
THE SPA
INN AT BAY HARBOR

MENU
**BODY TREATMENTS**

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Serenity by the Bay • 6 hours</td>
<td>$550</td>
</tr>
<tr>
<td>Northern Luxury • 90 minutes</td>
<td>$210</td>
</tr>
<tr>
<td>Moisture Quench • 60 minutes</td>
<td>$165</td>
</tr>
<tr>
<td>Magnesium Melt • 60 minutes</td>
<td>90 minutes</td>
</tr>
<tr>
<td>Ginger Glow • 90 minutes</td>
<td>$210</td>
</tr>
<tr>
<td>Deep Conditioning Scalp Treatment • 30 minutes</td>
<td>$75</td>
</tr>
</tbody>
</table>

**MASSAGE**

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Swedish • 60 minutes</td>
<td>90 minutes</td>
</tr>
<tr>
<td>Deep Tissue • 60 minutes</td>
<td>90 minutes</td>
</tr>
<tr>
<td>Petoskey Hot Stone • 60 minutes</td>
<td>90 minutes</td>
</tr>
<tr>
<td>Aromatherapy • 60 minutes</td>
<td>90 minutes</td>
</tr>
<tr>
<td>Couples Swedish • 60 minutes</td>
<td>90 minutes</td>
</tr>
<tr>
<td>Prenatal • 60 minutes</td>
<td>90 minutes</td>
</tr>
<tr>
<td>Reiki • 60 minutes</td>
<td>90 minutes</td>
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<tr>
<td>Reflexology • 30 minutes</td>
<td>$75</td>
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<tr>
<td>Dry Brush Enhancement</td>
<td>$40</td>
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**FACIALS**

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eminence™ Custom • 60 minutes</td>
<td>90 minutes</td>
</tr>
<tr>
<td>Eminence™ Age Corrective • 60 minutes</td>
<td>$150</td>
</tr>
<tr>
<td>Eminence™ Illuminating • 90 minutes</td>
<td>$210</td>
</tr>
<tr>
<td>Custom Back Treatment • 30 minutes</td>
<td>$75</td>
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**MANICURES & PEDICURES**

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Northern Luxury Manicure</td>
<td>Pedicure</td>
</tr>
<tr>
<td>Sport Pedicure</td>
<td>$65</td>
</tr>
<tr>
<td>Express Manicure</td>
<td>Pedicure</td>
</tr>
<tr>
<td>Shellac™ Manicure</td>
<td>Pedicure</td>
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<tr>
<td>Dip Manicure</td>
<td>$65</td>
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**ENHANCEMENTS**

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Paraffin Dip</td>
<td>$15</td>
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<tr>
<td>French</td>
<td>$5</td>
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<tr>
<td>Polish Change</td>
<td>$15</td>
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**FINISHING TOUCHES**

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>Sunless Tan</td>
<td>$50</td>
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<tr>
<td>Makeup Lesson</td>
<td>$80</td>
</tr>
<tr>
<td>Traditional Makeup Application</td>
<td>$65</td>
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<tr>
<td>Airbrush Makeup Application</td>
<td>$90</td>
</tr>
</tbody>
</table>

**HAIR**

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Women</td>
<td>$45–$65</td>
</tr>
<tr>
<td>Men</td>
<td>$25–$55</td>
</tr>
<tr>
<td>Children 10 &amp; under</td>
<td>$20–$40</td>
</tr>
<tr>
<td>Beard Trim</td>
<td>$10</td>
</tr>
<tr>
<td>Bang Trim</td>
<td>$10</td>
</tr>
<tr>
<td>Blowout</td>
<td>$35–$55</td>
</tr>
<tr>
<td>Custom Style</td>
<td>$85–$105</td>
</tr>
<tr>
<td>Hot Heads Hair Extensions</td>
<td>$200+</td>
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</tbody>
</table>

**COLOR**

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>Full Foil Weave</td>
<td>$85–$125</td>
</tr>
<tr>
<td>Partial Foil Weave</td>
<td>$75–$115</td>
</tr>
<tr>
<td>All Over Color</td>
<td>$85–$115</td>
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<tr>
<td>Root Color</td>
<td>$65–$95</td>
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<tr>
<td>Balayage</td>
<td>$90–$120</td>
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</table>

**CONDITIONING TREATMENTS**

<table>
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<th>Treatment</th>
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<tbody>
<tr>
<td>Malibu</td>
<td>$25</td>
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<tr>
<td>Deep Conditioning</td>
<td>$25</td>
</tr>
<tr>
<td>Brazilian Blowout</td>
<td>$225+</td>
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**BROWS & LASHES**

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Faux Lash Application</td>
<td>$25</td>
</tr>
<tr>
<td>Brow Tint</td>
<td>$20</td>
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<tr>
<td>Lash Tint</td>
<td>$20</td>
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<tr>
<td>Lash Extension</td>
<td>$240</td>
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<tr>
<td>Lash Fill</td>
<td>$100</td>
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**WAXING**

<table>
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<tr>
<th>Treatment</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>Brow</td>
<td>$20</td>
</tr>
<tr>
<td>Chin</td>
<td>$20</td>
</tr>
<tr>
<td>Lip</td>
<td>$20</td>
</tr>
<tr>
<td>Full Face</td>
<td>$50</td>
</tr>
<tr>
<td>Full Arm</td>
<td>$50</td>
</tr>
<tr>
<td>Half Arm</td>
<td>$35</td>
</tr>
<tr>
<td>Underarm</td>
<td>$30</td>
</tr>
<tr>
<td>Full Leg</td>
<td>$80</td>
</tr>
<tr>
<td>Half Leg</td>
<td>$50</td>
</tr>
<tr>
<td>Bikini</td>
<td>$50</td>
</tr>
<tr>
<td>Chest</td>
<td>$65</td>
</tr>
<tr>
<td>Back</td>
<td>$80</td>
</tr>
</tbody>
</table>
BRIDE
Traditional Package ................................................................. $350
Airbrush Package ................................................................. $400
Bridal Style ............................................................................ $100
Traditional Makeup Application ......................................... $75
Airbrush Makeup Application ............................................. $100

BRIDESMAIDS
Traditional Package ................................................................. $150
Airbrush Package ................................................................. $175

BRIDAL PARTY
Custom Style ........................................................................... $85+
Flower Girl Style ................................................................. $45
Blowout .................................................................................. $45
Traditional Makeup Application ......................................... $65
Airbrush Makeup Application ............................................. $90
Faux Lash Application ........................................................... $25